

Freedom Ride Full Challenge									
Day #	Date and Day	Departure	Arrival	Km to Miles	Feet Ascent	Cummulative Miles	KM	HM	Strava Map
0	Friday	Bend, OR	Bend, OR						
1	Saturday	Bend, OR	Camp Yale, OR	63	3191	63	102	973	http://www.strava.com/routes/7701459
2	Sunday	Camp Yale, OR	Oakridge	74	3798	137	119	1158	http://www.strava.com/routes/7701513
3	Monday	Oakridge	Myrtle Creek, OR	123	10683	260	198	3257	http://www.strava.com/routes/7702444
4	Tuesday	Myrtle Creek, OR	Grants Pass, OR	95	3929	355	153	1198	http://www.strava.com/routes/7702708
5	Wednesday	Grants Pass, OR	Happy Camp, CA	73	5612	428	117	1711	http://www.strava.com/routes/7589183
6	Thursday	Happy Camp, CA	Willow Creek, CA	82	5077	510	132.5	1548	http://www.strava.com/routes/7589165
7	Friday	Willow Creek, CA	Redcrest, CA	88	5924	599	142	1806	https://www.strava.com/routes/7589155
8	Saturday	Redcrest, CA	Fort Bragg, CA	98	7232	696	157	2205	https://www.strava.com/routes/7589123
9	Sunday	Fort Bragg, CA	Bodega Bay, CA	106	8079	803	171	2463	https://www.strava.com/routes/7589110
10	Monday	Bodega Bay, CA	San Francisco, CA	59	4674	862	95	1425	https://www.strava.com/routes/7589088
11	Tuesday	San Francisco, CA	San Francisco, CA						Rest
12	Wednesday	San Francisco, CA	Santa Cruz, CA	93	5084	955	150	1550	https://www.strava.com/routes/7572149
13	Thursday	Paso Robles	Santa Barbara, CA	67	4051	1022	108	1235	https://www.strava.com/routes/7571957
14	Friday	Pasadena, CA	Big Bear	97	10178	1203	156	3103	https://www.strava.com/routes/7571669
15	Saturday	Big Bear	Irvine, CA	120	5645	1323	193	1721	http://www.strava.com/routes/7588938
				1323	86415	1323			
Average all days including rest				88	5761				
Average all days riding				95	6173				